

Heavenly Manna & Bread

The Sustenance of Life...

The Lord asks...What is the sustenance of life?

The sustenance of life Lord is in our coming to You.

For all that we need and want comes not in wanting but by trust.

In our unconditional acceptance of You into our hearts.

In our full reliance, full trust and complete faith placed in You.

In the time of Moses You rained manna from the heavens to feed your people, yet their faith fluttered in the winds.

Manna is The Spiritual Bread of Life...

The Lord Himself Is The Bread.

It was not the bread, the manna in Moses' time that granted life eternal...it was for the natural body... but I also see the manna as The Spiritual Bread that feeds faith...

The All that Our Lord Gave And Gives us By Grace to nurture belief and faith In Him, In His Son.

He That Is Faithful feeds us in ways unseen...

overlooked and unacknowledged

by us in our modern world.

That in the beginning Lord You provided bread from heaven that the people might recognize that they could learn to trust and rely solely upon You for all things.

But it was not good enough for many and
As it is written... that despite being fed the Manna they died.
It was not good enough a sign of God's Love to draw them
nearer to Him to partake of The Spiritual Manna.

So You sent Your Son into this earth
As A Gift And A Promise That
In And Through Him
we are granted Life That Is Eternal.
He Was The Offering and The Body.
Eternal Life is fed By The Spirit of The Lord.

I thank You Father for taking the step toward us
In and Through Your Son Christ Jesus that we as
a people were not willing to take towards
You And Your Kingdom Of Heaven.
Jesus drew a line of understanding between that bread that was
called manna in the time of Moses and He Himself offered
By Our Father As The Bread of Life for us.
Our opportunity of a Last Supper where
if we partake of Him,
His Body And His Flesh
That In Him we are granted to live forevermore.

Let us remember that it is steadfast belief and faith
In Christ Jesus that we will reach The Kingdom.

And...

Let us not return by way of the consumption of ungodliness
the ways of our past that would not respect
or show proper reverence for

He that feeds us from His High Place.

We must depart and leave the things of this
world behind us, not looking back
lest we would not hold

Our Lord dear, nor precious in our sight
and in so trample upon

The Bread Of Life Himself,
The Blessing And The Offering

And thus this is also so... that in our actions
rendered with our lack of reverence and with our
lack of appreciation that we again & again trample upon
The Promise Made And The Life He offers us freely.

Scriptures also give us all the food of Wisdom
to live A New Life In Christ Jesus leaving
behind our foolish ways to live a life
where sin no longer rules from
within the loins of flesh.

Let us not compromise away The Gift of Life Eternal as You have said Lord that even the most faithful will barely make it into Your Kingdom, even Your elect can be deceived.

The Lord fed the many that came with hunger
To Him by multiplying the loaves.

What do these loaves represent ?

Simply something to satisfy the hunger of our flesh?

No, the loaves are given symbolically as in the time of Moses to show us that Father God provides all that we need.

Those that came to be fed By The Spirit of The Lord were moved so according to The Will of The Father.

Hunger of the flesh is but temporary...well satisfied by the food we consume every day in life.

All is not well with our souls.

The loaves of bread given and eaten did not grant life eternal.

Does man live by bread alone and feeding the flesh ?

Are we to be thankful for the food we are given to eat?

Of Course...As GOD provides for our every need.

So often we find comfort in mere gratifications.

Flesh knows not such wisdom, rather it comforts itself in foolishness.

Flesh simply lives to die sometimes slowly and
sometimes quite quickly...

The flesh sees His Truth as foolishness.
Is the physical food we eat sufficient unto life eternal,
a life of peace, love and compassion I ask?

No it is not.

Just look at our world... Take A Good Look
Do we walk in the footsteps Of The Lord
in all our ways?

“ We surely cannot as He was Perfect and
we are not “ one might respond...

Sheer and utter nonsense is this in Light of The Word!
...such beliefs demean and again measure short

Who we were Made By in the beginning
And In Who's Image Was Cast Our Existence
Look And Ponder most earnestly what

The Spirit is saying to you !!!!

We find that despite having food to eat at our tables
we are suffering from many physical and severe
mental afflictions in this world of ours.

The insanity of evil runs rampant.

By faith we consume He That Is The Bread of Life
while believing that we can continue to consume
sin and evil believing that the earthly food
of ungodly conduct would not rot
from within in our stomachs.

Did satan not adorn the fruit from the tree that God
forbade the partaking of as delectable and surely
God Himself was denying Eve of such wonderful food.

Did she not consume the food of sin and then
share it with Adam who should have said
“No, we must go before Our Father and repent
for what has been done is wrong. “

Instead he also took of the food that satan
offered that soon had fowled within him
into shame and fear and hiding.

So are we to continue living according to
The mistakes of Adam and Eve?
Or, learn and apply the wisdom gained by witnessing
error and changing our conduct accordingly?

The Lord said we must repent and change our ways.

He Did Not say repent, continue in deceit
and you will be granted Life Eternal.

In short...

Watch what you eat and ask The Lord to show you that
which Is Of Him and that which is of death.

When we are asked to feed the poor and needy
does this simply mean food and drink?

Why yes we are most certainly to provide food
to the hungry and drink to the thirsty.

In fact we are to feed and give drink to our enemies
as well as all those closest to us and all around us.

More importantly and spiritually...

The Call of The Lord Is to feed the poor
with Hope In Christ Jesus that He Is The Bread
that will satisfy the spiritual hunger that kills
more life than any physical starvation
we can find in the world,
that they and we together live in.

If the Law Is Reduced To Love One Another

Then is it not clear what we are asked to feed

One Another... **L**ove that is

The Food that feeds the heart and soul
of another which is far greater
than all the food you can
place upon a plate.

Even if we give food and drink to all that
are starving and dying, they would still die without

The Bread Of Life That
Is Christ Jesus.

The Good News is that Christ Jesus Is
The Living Bread and that all
that come to Him and
partake will be

Saved And Granted Eternal Life.

Heavenly Manna is the True Food of Life Eternal.

And those who so believed unto Him received
the Bread of His Body and the Wine that was
His Blood to be shed at The Cross,
The Body And Blood of His Sacrifice.

Let us remember that... The Last Supper took place
with Jesus and His disciples that had followed
Him being taught the ways of The Kingdom.

The Rabbi And The Teacher was imparting
wisdom and hope to those that soon would
no longer see Him and be lead so
literally by Our Lord's
physical presence...
Food that would fuel faith in the time to come.

The Lord symbolically gave of Himself through the sharing of
the bread that represented His Body and the wine
that represented His Blood to further our
understanding that those that
eat of His Flesh and drink of His Blood
will live and will dwell forevermore with
Him, In His House.
Amen.

The Lord knew their fears, doubts and limitations.
He fed them Manna which was the
Bread of His Wisdom, The Purest of Truth...
Manna given to fuel faith In Him, reliance In Him, trust In Him.

He knew the challenges of faith that they would encounter
as they walked forward in their call and service unto
Him in the time that would soon come.

To dine with The Lord In and With His Spirit
is a far greater meal prepared and given
at the table He has prepared for us
in the presence of our enemies.

Without The Bread Of Life,
Without Christ Jesus
there is no life now or forevermore.
Amen.

When Peter saw The Lord upon the shore
Who was preparing a meal on the beach...
Was Peter more excited and fed By The Sight
And Presence of His Lord or the
food cooking upon the fire ?
Was the food of encouragement the meal
that would last where the food in the
stomach is but temporarily ?
Give us this day our daily bread means so much
more than the food we find on our table.

Ponder these things and give The Lord what Is Due The Lord.

By The Spirit...

The food we are to ask for is

The Bread of Life...

Of Christ Jesus Himself.

That He will feed us of The Manna which has been hidden.

So often I see that people pray at the dinner table
thanking God for the food and nourishment
at the table we gather at to eat.

This is in gratitude of
the physical
sustenance He Provides.

Ought we not also be thanking God for The Spiritual
Sacrifice of His Only Begotten Son
at the table every day of our lives...

Who's Death and Resurrection feeds
our Hope of redemption ?
our Hope of salvation ?
our Hope of Life ?

With Him now and With Him forevermore...Amen

Thank God for The Body Given And
The Blood shed that grants us
The Way in His Light
And
The Bread that will take
us the distance into
unto salvation.
life eternal.

Remember that God wishes to dwell with His people.
What do we need to change and do that we
may be considered deserving of this.

REMEMBER...

Revelation says “Ye cannot repent enough.”

To believe that we do God a service by a repetitive
dinner table prayer that does not praise, nor
give proper reverence unto

God by Who's Grace

we are able to live, walk and breathe
despite our many debts and
trespasses against Him.

He feeds us as He fed the Israelites regardless of
our grumbling, doubt, our fears and disbelief.
He feeds us even when our faith dwindles.
All Praise Be unto The Lord.

The ritual of the taking of bread in communion must be closely
examined and pondered according to the wisdom given
us In The Holy Scriptures, The Word of God.

The notion that the bread miraculously becomes
The True Body of Christ every week is
both sacrilegious and an abomination in

The Sight Of The Lord,
The High Priest Over
His Church,
His Body.

To believe that man can dole out the bread of absolution
is both insane and foolish as though such practices
would assure that names not be removed from
The Book Of Life that is Kept By Our Lord.
False teachings Are false teachings.

The True Gospel Is the only
True Teaching according
To Our High Priest,
Our Teacher,
Our Rabbi.
And Above All According to
Yah, God The Father.
Amen, Amen And Amen !

Oh Lord may You be exalted above the shallow
practices of comfort seekers and fools
that lead your people down the
perilous paths of deception.

Corruption, Erosion and Destruction of
Your Holiness And Your Holy Word
In the earth have left but mere crumbs to eat...
We are left empty handed and hungry.
We find ourselves in the witness
and attending the wake of our own decimation. !!!

Where is The Full Loaf if there is not even one slice ? ... | Ask.

Grant those that would follow You On Your Path
that is narrow The Light of Your Truth,
The Light Of Your Holy Lampstand !!!

Grant them The courage and strength to stand
against all iniquities, sin, lies and the many
deceptions so cleverly cloaked
And Guide them...

According to Your Spirit That
Reveals The Truth In All things.

Grant them upon their request...
The eyes to see and the ears to hear
According to Your Voice
and Your Spirit

That Is Holy, Holy, Holy !!!

I ask these things in the Holy Name of Christ Jesus,
In The Holiest of Names and The Name
You Placed Above All Names

My Father... That of Yah'shua, of Christ Jesus
He Who Dwells In The Highest.

Amen, Amen and Amen.

May it be so !!!

May You Raise up A Nation of Your people
that does not engage in abominations
nor practices that would have us
believe that the world church
is filled with high priests
with special privileges
regarding the cleansing, saving and releasing of souls !

Self appointed ministers that bow not granting themselves
special privileges, assuming high places, doing so without
reproof, without challenge against their ways
and practices that are Not Holy that
Are Not Your Ways, Nor of Your High Path.

They Do Not feed The Manna of Life rather
they feed from their own wills and of their folly.
I say that their time is finished and Your sheep will be freed.

I Remind the sheep that those who witness and know of iniquity become the bearers of the iniquities.

And...I Remind the sheep Lord that those who question not these things

In This Your Time...

Your Age Of Glory, Of Conquest
And Of Sovereign Reign

they cannot plead ignorance Before You Now
then later expect a warm reception in their lack of

Respect For Your Power And High Office

And complete lack of Fear Of You.

In this behavior they are surely to be held in contempt

In Your High Court... as they lack most of all

Reverence Of You.

Lord I ask for an extra measure of Your Mercy upon those that are humbled in The Light of Your Truth and in their sight of their transgressions and great debt...Amen.

The Lord asks...Who is The Sustenance of Life ?

The Lord Alone Is
The Bread, The Way and The Life.

The Lord asks...Where does The Bread come from ?

Down From The Kingdom Of Heaven Only.

The Lord asks...How is This, My Bread to be
received by My sheep ?

By And Of The Spirit Of The Lord...
From The Spirit That Is Holy !!!

The Lord asks...How is it apportioned ?

According To He That Sees All Things.

According To He That Rewards the
faith that is in action at every
moment of every day demonstrating
the laying down of flesh and the laying down
of one's life for another...Amen.

According To He that knows if we truly seek Him In and for
All things, trust Him In All things, rely upon Him for All things
and believe that He Alone Is God And He Alone
will guide us, His people out of this Egypt
in this final exodus from the world
and from under the rule
of the Pharaohs And of Legion...they that are many !!!

It is By His Hand Alone that we are fed
The Manna that Is The Bread of His Life
according to how we live ours In His Sight.
He Knows who stands above flesh their needs and
He Knows those that lie in a bed of pestilence.
Praise God That He Cannot Be
Fooled by fools...Amen.

The Spirit of The Lord now takes me back
to the time of Moses.
The Lord provided for the release
of His people from under the
tyranny and a life of slaveship under pharaoh.
He Parted the sea And He Delivered His people
out of Egypt through the undeniable

Work of His Hand And Of His Breath.

They left Egypt with gold, silver and other riches.

The Israelites did not leave empty handed into the desert.

They wandered in the desert according to

The Holy Will of Yah, God The Father.

He tested their faith and hunger for the land Promised.

The Rigors of His Testing were for a good purpose that served The Good and Weeded Out the evil.

As was the history of the people of Israel in the time to come they would easily fall into disbelief where their faith would quickly dwindle, be abandoned and traded for fear and for wanting.

Those who raised their faith unto The Lord were rewarded and those who doubted and trusted not In The Lord

Who Delivered them met with their

Utter Destruction !

Abandonment of your Reliance and your Trust In Me Over and Over and Over again and again

has never and will never reap reward...sayeth The Lord !!!

So I ask..." How different are we now in this time ? "

I believe the answer to be both obvious

And far beyond the reach

of any ignorance...Amen.

Any ignorance claimed in the sight of Truth

Is both self-illusion and of self will

Not to see that which

Is True...Amen.

When there was great complaining of hunger
Moses prayed for food and it came down from heaven.

This food brought came as immediate relief to the
growling stomachs but did not alleviate
their doubt, nor their fears.

The simplest of blessing was not good enough
for some, in fact many...ring true or sound familiar ?

Along the way of the journey The Lord God Blessed

And Saw To every need of the tribes of His people.

He gave them Manna according to The Workings

Of His Spirit In Miracles that were very real.

This Manna was to bring an increase in their Belief
and thus faith to continue to walk and
to follow The Lord
Through Moses His Servant.

Yet they saw fit to grumble and murmur against Moses and
Aaron Which God Saw As Against He Himself.

And when the time came that Moses went up the mountain to
Receive The Commandments Of The Lord
the people were so easily lead into fear
and doubt by those that did not
have strength in hope,
belief, faith
and trust
In The Lord.

They then took the riches given them and fashioned a pagan
idol to follow and to raise up high to celebrate and
engaged in every abomination possible
In Plain Sight of God.

They were convinced by unbelievers That God

Through Moses had surely abandoned them.

In the End God Had Moses offer a way for the people to
walk away from their sins to stand with him in the faith

to be found In God The Father

That Was With And For Moses !

Thus the tribes were cleansed of the evildoers, the adulterers,
comfort seekers and those that did not truly receive

The Promises Made By God Through Moses

The Gift of Life or The Manna given them

By Our Lord And Their God...

This Holy God Of Israel !!!!

to feed faith and belief that would rise above sin and deceit
through the trials and tribulations brought upon them.

You see it is faith raised that is rewarded with

Life And Manna that flows forth

freely as rain from

The Kingdom of Heaven.

So then I would ask you..." Is Our God not The Same God. "

It was those that believed in The Work of The Lord's Hand, Breath And Holy Spirit that persevered, that Patiently Endured that were both spared and saved.

It Was Spiritual Manna From Heaven that fed the hearts that were true in their belief and steadfast in their faith that survived and went forth Into The Promised Land.

So I ask you to ponder if you are properly receiving and using The Holy Manna That Is Of Christ Jesus To Increase your faith or to find temporary comfort?

Will wantonness and comfort seeking take you the distance ?
Will discomfort rock your patience and crush your hope ?

It is very important to spend time to understand how the history of Israel is our history and that
Our Inheritance Is In The Lord...

In Jesus, In Yah'shua

Who Is Indeed The Same God Now As Then
is Not Granted of error... Rather It Is Granted By

clearly seeing and changing our ways !!!

So it is with food that feeds the flesh
...sayeth The Lord.

The flesh is but temporarily satisfied until
the next moment of desperation.

Food that feeds flesh does
not feed Life Eternal...

It feeds the body that is the vehicle
of the spirit of the man, the
woman and the child
that hosts a
servant.

It Is My Spiritual Manna That Flows Forth
From My Kingdom of Heaven
feeds your faith to stand
as trials and tribulation now enter the earth.

I AM The Rock.

I AM The Bread of Life.

Manna is a reward for rising
above fear and wantonness, rising
to a place of trust that I Know
and I meet every need
of My people that
set themselves
apart unto
Me And
Me
Alone.

Sayeth The Lord...

The Lord asks...How is faith rewarded ?

With Life Everlasting.

The Lord asks...Who holds your life in His Hands ?

He That Is Lord and He Alone.

The Lord asks...Can one eat the fruit that is of

The Tree of Life

And Of Light

while at the same time picking and consuming
the fruit that is rotten of the tree of the
knowledge of good and evil,

And of darkness...And

Expect to not get sick and afflicted ?

Expecting to live A Life Eternal ?

No My Lord The Truth is quite clear...

we cannot partake of The Bread of Life

while partaking of the food satan offers that is poison.

Lord we Cannot Expect The Father To Dwell with

us who have tried to mix good and evil together

into a new color of that we can call Life.

Grey is not a color of Life.

It is dark and black.

It is death not life eternal.

You Who Made the night and the day separated them.

We must keep separated The Light from the dark !!!

Can we live one life that is in the Highest of places

while also dwelling with satan in the world ?

Is He, The Lord Christ Jesus, Yah'shua

of the world or to be found in such folly and foolishness ?

Is He to be found in darkness and man glorified rituals

that would grant we the believers an easy walk with

absolution and redemption handed out by man?

As man is not free

so man cannot grant freedom

to another In My Name.

...sayeth The Lord

The Same Is True Of Remission of Sin

And Of Absolution And Of

Reconciliation By My Holy Spirit !!!!

Woe unto those that see the truth according

To The Holy Scriptures

And

The True Gospel Of Christ Jesus

saying and doing nothing in their sight of iniquity !!!

We Must Reach Higher by bowing lower
To Reach He The Lord God
that feeds, that nourishes and
saves the souls lost.

Who mends the hearts of the broken hearted
Who fashioned the bodies...our vessels.
Who is The Author of our soul and of our spirit
of which we were conceived and born with.

He Holds The Hidden Manna In His Hand,
He Alone Is The Bread Of Life.

AMEN, AMEN And AMEN!

Bread and Manna according to the Scriptures...

And the whole congregation of Israel murmured against Moses and Aaron in the wilderness.

And said to them, Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger.

Then the Lord said to Moses, Behold, I will rain bread from the heavens for you; and the people shall go out and gather a day's portion every day, that I may prove them, whether they walk in My law or not.

And in the morning you shall see the glory of the Lord, for he hears your murmurings against the Lord. For what are we, that you murmur against us?

And when the dew had gone, behold, upon the face of the wilderness lay a fine, round and flakelike thing, as fine as hoarfrost on the ground.

When the Israelites saw it, they said to one another, Manna (what is it?). For they did not know what it was. And Moses said to them, This is the bread which the Lord has given you to eat.

When they measured it with an omer, he who gathered much had nothing over, and he who gathered little had no lack; each gathered according to his need.

And Moses said to Aaron, Take a pot and put an omer of manna in it, lay it up before the Lord, to be kept throughout your generations.

As the Lord commanded Moses, Aaron laid it up before Testimony to be kept (in the ark).

Exodus 16:1-4, 7, 14, 15, 18, 33, 34

(An omer is one tenth of an ephah)

Our forefathers ate the manna in the wilderness; as the Scripture says, He gave them bread out of heaven to eat. Jesus then said to them, I assure you, most solemnly I tell you, Moses did not give you the Bread from heaven, but it was My Father Who gives you the true heavenly Bread. For the Bread of God is He Who comes down out of heaven and gives life to the world.

Then they said to Him, Lord, give us this bread always! Jesus replied, I am the Bread of Life. He who comes to Me will never be hungry, and he who believes in and relies on Me will never thirst any more.

But as I told you, although you have seen Me, still you do not believe and trust and have faith.

All whom My Father gives to Me will come to Me; and the one that comes to Me I will most certainly not cast out.

For I have come down from heaven not to do My own will and purpose but to do the will and purpose of Him Who sent Me.

And this is the will of Him Who sent Me, that I should lose any of all that He has given Me, but that I should give new life and raise them up at the last day.

For this is My Father's will and His purpose, that everyone who sees the Son and believes in and cleaves to and trusts in and relies on Him should have eternal life,

And

I will raise them up
at the last day.

John 6:31-40

It is written in the Prophets, And they shall all be taught of God. Everyone who has listened to and learned from the Father comes to Me.

I assure you, most solemnly I tell you, he who believes in Me has eternal life.

I am the Bread of Life (that give life-the Living Bread). Your forefathers ate the manna in the wilderness, and they died.

This (Jesus Himself) is the Bread that comes down from heaven, so that one may eat of it and never die.

I am this Living Bread that came down from heaven. If anyone eats of this Bread, he will live forever; and also the Bread

that I shall give for the life of the world is My flesh.

Then the Jews angrily contended with one another, saying,
How is He able to give us His flesh to eat?
And Jesus said to them, I assure you, most solemnly I tell you,
you cannot have any life in you unless you eat the flesh of the
Son of Man and drink His Blood (unless you appropriate His
life and the saving merit of His blood).
He who feeds on My flesh and drinks My blood has eternal life,
and I will raise him up on the last day.
For My flesh is true and genuine food, and
My blood is true and genuine drink.
He who feeds on My flesh and drinks My blood
dwells continually in Me, and I in him.
Just as the living Father sent Me and I live by the Father, even
so whoever continues to feed on Me (whoever takes Me for his
food and is nourished by Me) shall live
through and because of Me.
This is the Bread that came down from heaven. It is not like the
manna which our forefathers ate, and yet died;
he who takes this Bread for his food shall live forever.
He said these things in a synagogue while

he was teaching at Capernaum.

John 6:45-59

Repent!

Or else I will come to you quickly

and fight against them with the sword of My mouth.

He who is able to hear, let him listen to and heed what the Spirit says to the assemblies (churches). To him who overcomes, I will give to eat of the manna that is hidden, and I will give him a white stone with a new name engraved on the stone, which no one knows or understands except he who receives it.

Revelation 2:16 & 17